

DR. DOROTHY F. MERRITT, M.D.

Southwest Wellness Solutions | 281.218.6700 | 1-800-360 EDTA | 429 Bay Area Blvd. Houston, TX 77058

Dorothy F. Merritt, M.D. has been a cutting edge practitioner since she arrived in the area in 1987 from a Baylor College of Medicine residency in Houston. Dr. Merritt focused on integrating nutrition, genetics and environmental medicine into primary care long before it was popular in the traditional MD office. She is always seeking to “get to the bottom of what causes disease.” This year she has added NEXALIN®, the recently FDA approved brain stimulator, to treat resistant insomnia, anxiety and depression. “These conditions raise the cost of medical care by almost 90% and must be fixed to lower healthcare costs.” The device has worked well for my patients this past year.

The Esteck Body Scanner®, a device that electrically scans the entire body “like 21 EKGS” and projects results on to a colorful 3D body image that patients can relate to, is her most popular addition. “This is better than telling a patient that they will have hardening of the arteries in 20 years if they don’t

“Shape for Life has allowed many of her patients to lose 50-100lbs this last year without surgery.”

address their risk factors. I can show them how stiff their arteries are right now based on electrical readings, and they are much more compliant with changing lifestyle or medications. The data I get from this 10 minute test guides me in choosing a medically-based plan of action based on my 30 years of training and experience.”

In addition, a new weight loss program developed by Johns Hopkins called “Shape for Life”, has allowed many of her patients to lose 50-100 pounds this last year without surgery (www.swwellness.tsfl.com). “Thanks go out to the Kirkwood brothers in Pasadena (Kirkwood Medical Clinic), because they set up a brilliant weight loss coaching program to augment the food part of this program for no extra charge,” says Merritt. Bo Kirkwood, DO, independently consults on weight loss and EDTA at the Clear Lake office on Tuesday mornings on his day off from his primary care clinic. I have personally lost



Photo: www.JimRichard.com

30 pounds in a few months on this plan and it’s the first one that has worked for me” says Merritt.

Congratulations go out to Merritt for being voted “Top Doc” of the Bay Area for 2011 by local patients. She also received the “Doc of the Quarter” award last month at Mainland Center Hospital by the staff.

So what’s the next thing for Merritt? In addition to being a principal investigator with the NIH trial for chelation therapy and vascular disease (TACT trial), she starts a year of fellowship training in stem cell technology with A4M, a prominent anti-aging organization. “The future of medicine is in a preventative lifestyle, early detection and aggressive treatment of reversible disease, and use of technologies that reset our natural “control mechanisms” for healing “

For more information on consultations for EDTA Chelation, Nexalin, Esteck Body Scanning, or Thermography, visit www.SWWellness.com to make appointments at her Bay Area office.

For primary care and standard medical evaluations, make an appointment at MPCP in Texas City
Dorothy Merritt, MD: 281-218-6700, 800-360-EDTA, 429 Bay Area Blvd Houston, Texas 77058

For Primary Care only, appointments can be made with Mainland PCP in Texas City 409-938-1770